



# Program Planning Guide

## Cosmetology Associate in Applied Science Degree (A55140)

**Program Length:** 5 semesters

**Program Sites:** Lee Main Campus, Day; Harnett Main Campus, Day

**Career Pathway Options:** Associate in Applied Science Degree in Cosmetology

| Suggested Course Schedule          |                             | Class    | Lab       | Work     | Credits   | Notes: |
|------------------------------------|-----------------------------|----------|-----------|----------|-----------|--------|
| <b>1st Semester (fall)</b>         |                             |          |           |          |           |        |
| COS 111                            | Cosmetology Concepts I      | 4        | 0         | 0        | 4         |        |
| COS 112                            | Salon I                     | 0        | 24        | 0        | 8         |        |
| ACA 122                            | College Transfer Success    | 0        | 2         | 0        | 1         |        |
| Communications Requirement         |                             | 3        | 0         | 0        | 3         |        |
| <b>Total Semester Hours</b>        |                             | <b>7</b> | <b>26</b> | <b>0</b> | <b>16</b> |        |
| <b>2nd Semester (spring)</b>       |                             |          |           |          |           |        |
| COS 113                            | Cosmetology Concepts II     | 4        | 0         | 0        | 4         |        |
| COS 114                            | Salon II                    | 0        | 24        | 0        | 8         |        |
| COS 223                            | Contemp. Hair Coloring      | 1        | 3         | 0        | 2         |        |
| Social/Behavioral Science Elective |                             | 3        | 0         | 0        | 3         |        |
| <b>Total Semester Hours</b>        |                             | <b>8</b> | <b>27</b> | <b>0</b> | <b>17</b> |        |
| <b>3rd Semester (summer)</b>       |                             |          |           |          |           |        |
| COS 115                            | Cosmetology Concepts III    | 4        | 0         | 0        | 4         |        |
| COS 116                            | Salon III                   | 0        | 12        | 0        | 4         |        |
| <b>Total Semester Hour</b>         |                             | <b>4</b> | <b>12</b> | <b>0</b> | <b>8</b>  |        |
| <b>4th Semester (fall)</b>         |                             |          |           |          |           |        |
| COS 117                            | Cosmetology Concepts IV     | 2        | 0         | 0        | 2         |        |
| COS 118                            | Salon IV                    | 0        | 21        | 0        | 7         |        |
| COS 224                            | Trichology & Chemistry      | 1        | 3         | 0        | 2         |        |
| MAT 110                            | Math Measurement & Literacy | 2        | 2         | 0        | 3         |        |
| <b>Total Semester Hour</b>         |                             | <b>5</b> | <b>26</b> | <b>0</b> | <b>14</b> |        |



|  |                           |          |          |          |           |  |
|--|---------------------------|----------|----------|----------|-----------|--|
| <b>5th Semester (spring)</b>             |                           |          |          |          |           |  |
| CIS 110                                  | Introduction to Computers | 2        | 2        | 0        | 3         |  |
| ENG 111                                  | Writing and Inquiry       | 3        | 0        | 0        | 3         |  |
| WBL 110                                  | World of Work             | 1        | 0        | 0        | 1         |  |
| Humanities and Fine Arts Elective        |                           | 3        | 0        | 0        | 3         |  |
| <b>Total Semester Hour</b>               |                           | <b>9</b> | <b>2</b> | <b>0</b> | <b>10</b> |  |
| <b>Total Semester Hours Required: 65</b> |                           |          |          |          |           |  |

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| <p><b>Approved Humanities/Fine Arts Electives<br/>Associate in Applied Science Degree/Diploma</b></p> <p>ART 111 Art Appreciation<br/>                 ART 114 Art History Survey I<br/>                 ART 115 Art History Survey II<br/>                 DRA 111 Theatre Appreciation<br/>                 ENG 125 Creative Writing I<br/>                 ENG 231 American Literature I<br/>                 ENG 232 American Literature II<br/>                 ENG 241 British Literature I<br/>                 ENG 242 British Literature II<br/>                 HUM 110 Technology &amp; Society<br/>                 HUM 115 Critical Thinking<br/>                 HUM 120 Cultural Studies<br/>                 HUM 122 Southern Culture<br/>                 HUM 150 American Women's Studies<br/>                 HUM 160 Introduction to Film<br/>                 MUS 110 Music Appreciation<br/>                 MUS 112 Introduction to Jazz<br/>                 PHI 240 Introduction to Ethics<br/>                 REL 110 World Religions<br/>                 REL 211 Intro to Old Testament<br/>                 REL 212 Intro to New Testament</p> <p><b>Communications; select one course:</b><br/>                 ENG 112 Writing/Research in the Disc<br/>                 ENG 114 Prof Research &amp; Reporting<br/>                 ENG 115 Oral Communication<br/>                 ENG 116 Technical Report Writing<br/>                 COM 110 Introduction to Communication<br/>                 COM 120 Intro Interpersonal Communication<br/>                 COM 231 Public Speaking</p> | <p><b>Approved Social/Behavioral Science Electives<br/>Associate in Applied Science Degree/Diploma</b></p> <p>ANT 210 General Anthropology<br/>                 ANT 220 Cultural Anthropology<br/>                 ECO 151 Survey of Economics<br/>                 ECO 251 Principles of Microeconomics<br/>                 ECO 252 Principles of Macroeconomics<br/>                 HIS 111 World Civilization I<br/>                 HIS 112 World Civilization II<br/>                 HIS 131 American History I<br/>                 HIS 132 American History II<br/>                 HIS 222 African-American History I<br/>                 HIS 223 African-American History II<br/>                 HIS 226 The Civil War<br/>                 HIS 236 North Carolina History<br/>                 POL 120 American Government<br/>                 PSY 150 General Psychology<br/>                 PSY 237 Social Psychology<br/>                 PSY 241 Developmental Psychology<br/>                 PSY 246 Adolescent Psychology<br/>                 PSY 281 Abnormal Psychology<br/>                 SOC 210 Introduction to Sociology<br/>                 SOC 213 Sociology of the Family<br/>                 SOC 220 Social Problems<br/>                 SOC 225 Social Diversity<br/>                 SOC 232 Social Context of Aging<br/>                 SOC 240 Social Psychology</p> |
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## Course Descriptions

**ACA 122 College Transfer Success**

This course provides information and strategies necessary to develop clear academic and professional goals beyond the community college experience. Topics include the CAA, college policies and culture, career exploration, gathering information on senior institutions, strategic planning, critical thinking, and communications skills for a successful academic transition. Upon completion, students should be able to develop an academic plan to transition successfully to senior institutions. This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

**CIS 110 Introduction to Computers**

This course introduces computer concepts, including fundamental functions and operations of the computer. Topics include identification of hardware components, basic computer operations, security issues, and use of software applications. Upon completion, students should be able to demonstrate an understanding of the role and function of computers and use the computer to solve problems.

**COS 111 Cosmetology Concepts I**

*Corequisite: COS 112*

This course introduces basic cosmetology concepts. Topics include safety, first aid, sanitation, bacteriology, anatomy, diseases and disorders, hygiene, product knowledge, chemistry, ethics, manicures, and other related topics. Upon completion, students should be able to safely and competently apply cosmetology concepts in the salon setting.

**COS 112 Salon I**

*Corequisite: COS 111*

This course introduces basic salon services. Topics include scalp treatments, shampooing, rinsing, hair color, design, haircutting, permanent waving, pressing, relaxing, wigs, and other related topics. Upon completion, students should be able to safely and competently demonstrate salon services.

**COS 113 Cosmetology Concepts II**

*Prerequisites: COS 111 and COS 112*

*Local Corequisite: COS 114*

This course covers more comprehensive cosmetology concepts. Topics include safety, product knowledge, chemistry, manicuring, chemical restructuring, and hair coloring. Upon completion, students should be able to safely and competently apply these cosmetology concepts in the salon setting.

**COS 114 Salon II**

*Prerequisites: COS 111 and COS 112*

*Local Corequisite: COS 113*

This course provides experience in a simulated salon setting. Topics include basic skin care, manicuring, nail application, scalp treatments, shampooing, rinsing, hair color, design, haircutting, chemical restructuring, pressing, wigs, and other related topics. Upon completion, students should be able to safely and competently demonstrate these salon services.

**COS 115 Cosmetology Concepts III**

*Prerequisites: COS 111 and COS 112*

*Local Corequisite: COS 116*

This course covers more comprehensive cosmetology concepts. Topics include safety, product knowledge, salon management, salesmanship, skin care, electricity/light therapy, wigs, thermal hair styling, lash and brow tinting, superfluous hair removal, and other related topics. Upon completion, students should be able to safely and competently apply these cosmetology concepts in the salon setting.

**COS 116 Salon III**

*Prerequisites: COS 111 and COS 112*

*Local Corequisite: COS 115*

This course provides comprehensive experience in a simulated salon setting. Emphasis is placed on intermediate-level of skin care, manicuring, scalp treatments, shampooing, hair color, design, haircutting, chemical restructuring, pressing, and other related topics. Upon completion, students should be able to safely and competently demonstrate these salon services.

**COS 117      Cosmetology Concepts IV**

*Prerequisites:* COS 111 and COS 112

*Local Corequisite:* COS 118

This course covers advanced cosmetology concepts. Topics include chemistry and hair structure, advanced cutting and design, and an overview of all cosmetology concepts in preparation for the licensing examination. Upon completion, students should be able to demonstrate an understanding of these cosmetology concepts and meet program completion requirements.

**COS 118      Salon IV**

*Prerequisite:* COS 111 and COS 112

*Local Corequisite:* COS 117

This course provides advanced experience in a simulated salon setting. Emphasis is placed on efficient and competent delivery of all salon services in preparation for the licensing examination and employment. Upon completion, students should be able to demonstrate competence in program requirements and the areas covered on the Cosmetology Licensing Examination and meet entry-level employment requirements.

**COS 223      Contemp Hair Coloring**

*Prerequisite:* COS 111 and COS 112

This course covers basic color concepts, hair coloring problems, and application techniques. Topics include color theory, terminology, contemporary techniques, product knowledge, and other related topics. Upon completion, students should be able to identify a client's color needs and safely and competently perform color applications and correct problems.

**COS 224      Trichology & Chemistry**

This course is a study of hair and the interaction of applied chemicals. Emphasis is placed on pH actions and the reactions and effects of chemical ingredients. Upon completion, students should be able to demonstrate an understanding of chemical terminology, pH testing, and chemical reactions on hair.

**ENG 111      Writing and Inquiry**

*Prerequisite:* Take one set: Set 1: DRE 097; Set 2: ENG 002; Set 3: BSP 4002

*Corequisite:* Take ENG 011

This course is designed to develop the ability to produce clear writing in a variety of genres and formats using a recursive process. Emphasis includes inquiry, analysis, effective use of rhetorical strategies, thesis development, audience awareness, and revision. Upon completion, students should be able to produce unified, coherent, well-developed essays using standard written English. This course has been approved for transfer under the CAA/ICAA as a general education course in English Composition.

**MAT 110      Math Measurement & Literacy**

*Prerequisite:* Take one set: Set 1: DMA 010 DMA 020, DMA 030; Set 2: DMA 025; Set 3: MAT 003; Set 4: BSP 4003

*Corequisite:* Take MAT 010

This course provides an activity-based approach that develops measurement skills and mathematical literacy using technology to solve problems for non-math intensive programs. Topics include unit conversions and estimation within a variety of measurement systems; ratio and proportion; basic geometric concepts; financial literacy; and statistics including measures of central tendency, dispersion, and charting of data. Upon completion, students should be able to demonstrate the use of mathematics and technology to solve practical problems, and to analyze and communicate results.