“Alive at 25” and Defensive Driving classes have moved from the Personal Enrichment section to their own section. Please refer to that section for complete class listings.

Achieving Financial Security
Do you know what money type you are – a spender, speculator, saver or investor? This workshop is designed to help you enjoy greater financial security. You will learn some exciting insights into your own financial habits, attitudes and beliefs, and set goals to strengthen them. Join us and make your goals a reality!

Course #: L-3146, Hours: 2.5
Start • End Date: 09/10/12 • 09/10/12
Day: M
Time: 6:00P – 8:30P
Cost: None (SS)
Location Code: WBW
Building Location: Main Bldg Rm 119
Instructor: Thomas M. Rosser, Jr.

American Sign I
This course is designed to help students build their American Sign Language (ASL) vocabulary and understand how a sign is formed. Students will not only learn the language of everyday conversation but also understand how facial expressions and body, head, and eye movement are used to convey messages.

Course #: C-3707, Hours: 14
Start • End Date: 09/04/12 • 10/18/12
Day: TTh
Time: 6:00P – 7:00P
Cost: 65.00 (SS)
Location Code: PMC
Building Location: Bldg 041, Rm 225
Instructor: Rhonda Jones

Backyard Chicken Schemes
Time to buy biddies! With limited space and experience plus a sense of humor, you can raise a small flock of happy chickens – even in the city. Farmer Judy Hogan shares her learning curve on the basics of chicks to healthy eggs and meat. Your morning will be spent in the classroom with an afternoon trip to the farm.

Course #: L-3192, Hours: 5
Start • End Date: 09/15/12 • 09/15/12
Day: Sa
Time: 9:00P – 3:00P
Cost: 29.00 (SS)
Location Code: WBW
Building Location: Bldg B Rm 110B
Instructor: Judy Hogan

Concealed Carry Handgun
Learn the textbook and firing range knowledge you need to apply for a concealed weapon permit. This class provides four (4) hours of classroom instruction and four (4) hours on the firing range. You will need to provide your own gun, protective eyewear, and ball cap. Please request specific course instructions and requirements when registering.

Course #: L-3193, Hours: 8
Start • End Date: 10/13/12 • 10/13/12
Day: Sa
Time: 8:00A – 5:00P
Cost: 75.00 (SS)
Location Code: WFRG
Instructor: James Estes

American Sign II
This class will continue to expand on the basic skills of leading and following additional ballroom classes will be introduced.

Course #: C-3711, Hours: 5
Start • End Date: 11/02/12 – 12/07/12
Day: F
Time: 9:00P – 10:00P
Cost: 35.00 (SS)
Location Code: PMC
Building Location: Bldg 042 Rm MPR
Instructor: Stephen Nystrom

Dancing – Ballroom I
This course will continue to expand on the basic principals of Ballroom dancing. Intermediate school figures will be taught and the concept of partnering will be expanded on.

Course #: C-3712, Hours: 6
Start • End Date: 09/21/12 • 10/19/12
Day: F
Time: 8:00P – 9:00P
Cost: 35.00 (SS)
Location Code: PMC
Building Location: Continuing Education Rm 228
Instructor: Judy Hogan

Dancing – Ballroom III –
Intermediate, 1st half
This course will continue to expand on the basic principals of Ballroom dancing. Intermediate school figures will be taught and the concept of partnering will be expanded on.

Course #: C-3712, Hours: 6
Start • End Date: 09/21/12 – 10/19/12
Day: F
Time: 8:00P – 9:00P
Cost: 35.00 (SS)
Location Code: PMC
Building Location: Bldg 042 Rm MPR
Instructor: Stephen Nystrom

Dancing – Ballroom II

Center for Creative Retirement
This class is designed to introduce students to several of the ballroom dances. It will introduce the students to basic steps and start to teach leading and following.

Course #: C-3710, Hours: 5
Start • End Date: 09/21/12 • 10/19/12
Day: F
Time: 9:00P – 10:00P
Cost: 35.00 (SS)
Location Code: PMC
Building Location: Bldg 042 Rm MPR
Instructor: Stephen Nystrom

Dancing – Ballroom III –
Intermediate, 1st half
Center for Creative Retirement
This course will continue to expand on the basic principals of Ballroom dancing. Intermediate school figures will be taught and the concept of partnering will be expanded on.

Course #: C-3712, Hours: 6
Start • End Date: 09/21/12 – 10/19/12
Day: F
Time: 8:00P – 9:00P
Cost: 35.00 (SS)
Location Code: PMC
Building Location: Bldg 042 Rm MPR
Instructor: Stephen Nystrom

For registration information, refer to page 3. For location key, refer to page 6.
Ballroom III –
Intermediate, 2nd half

*Center for Creative Retirement*

This second half of the course will focus on development of the partnership and continue to expand on the school figures of the primary ballroom dances.

**Course #:** C-3713, **Hours:** 5  
**Start • End Date:** 11/02/12 • 12/07/12  
**Day:** F  
**Time:** 8:00P – 9:00P  
**Cost:** 35.00 (SS)  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dancing – Shag I

*Center for Creative Retirement*

This course is designed to teach basic fundamentals of Shag dancing.

**Course #:** H-3945, **Hours:** 6  
**Start • End Date:** 09/19/12 • 10/24/12  
**Day:** W  
**Time:** 7:00P – 8:00P  
**Cost:** 30.00 (SS)  
**Location Code:** HMC  
**Building Location:** Miriello Rm 135  
**Instructor:** James Patterson

**Course #:** C-3714, **Hours:** 5  
**Start • End Date:** 09/21/12 • 10/19/12  
**Day:** F  
**Time:** 7:00P – 8:00P  
**Cost:** 35.00 (SS)  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dancing – Shag II

*Center for Creative Retirement*

This course is designed to continue teaching basic fundamentals of Shag dancing plus introduce more challenging steps.

**Course #:** H-3961 **Hours:** 6  
**Start • End Date:** 09/19/12 • 10/24/12  
**Day:** W  
**Time:** 8:00P – 9:00P  
**Cost:** 30.00 (SS)  
**Location Code:** HMC  
**Building Location:** Miriello Rm 135  
**Instructor:** James Patterson

**Course #:** C-3715, **Hours:** 5  
**Start • End Date:** 11/02/12 • 12/07/12  
**Day:** F  
**Time:** 7:00P – 8:00P  
**Cost:** 35.00 (SS)  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dog Obedience

Fun yet intensive beginner obedience/home management class for dogs over 6 months old. Students will learn to train their dogs, using positive reinforcement, to walk on a loose leash, come when called, and sit, down and stand, when asked. A “must” for all new dog owners and especially shelter and rescue dogs. No dog is too old to learn. First class is mandatory orientation – no dogs – owners only.

**Course #:** C-3701, **Hours:** 12  
**Start • End Date:** 09/07/12 • 10/26/12  
**Day:** F  
**Time:** 3:00P – 4:30P  
**Cost:** 66.25 (SS)  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Pat Sullivan

**Course #:** C-3702, **Hours:** 12  
**Start • End Date:** 09/07/12 • 10/26/12  
**Day:** F  
**Time:** 4:30P – 6:00P  
**Cost:** 66.25 (SS)  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Pat Sullivan

Fall Bird Watching

*Center for Creative Retirement*

This course is designed to identify birds common to Eastern US and encountered in North Carolina in fall and winter months. Students will become familiar with common bird songs and calls. Gain knowledge of bird physiology and their feeding and migration habits as well as appreciate how birds contribute to the environment and benefit humankind.

**Course #:** C-3706, **Hours:** 18  
**Start • End Date:** 08/21/12 • 09/25/12  
**Day:** T  
**Time:** 9:00A – 12:00P  
**Cost:** 85.00 (SS)  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Andy Upshaw
Food Matters: Hungry for Change  

*Center for Creative Retirement*

- **Start • End Date:** 09/13/12 • 09/20/12  
- **Day:** Th  
- **Time:** 7:00P – 9:00P  
- **Cost:** Free  
- **Building Location:** West Harnett Center Rm 112  
- **Instructor:** Bethany Stevens

- **Start • End Date:** 10/02/12 • 10/09/12  
- **Day:** T  
- **Time:** 7:00P – 9:00P  
- **Cost:** Free  
- **Location:** HMC  
- **Building Location:** Harnett Main Campus Rm 141  
- **Instructor:** Bethany Stevens

Four Views of the In Times  
This is a 6-week course and is presented by Rev. Mark Bordeaux. For more information, call (910) 814-8823. Early registration is required.  

- **Start • End Date:** 09/25/12 • 10/30/12  
- **Day:** M  
- **Time:** 6:00P – 8:00P  
- **Cost:** $48.00  
- **Location Code:** PMC  
- **Building Location:** Bldg 042 Rm 108  
- **Instructor:** Chad Virgil

Fundamentals of Investing  
This course educates investors on the basics of investing and financial planning.  

*Center for Creative Retirement*  

- **Course #:** C-3288, **Hours:** 16  
- **Start • End Date:** 08/27/12 • 10/22/12  
- **Day:** M  
- **Time:** 6:00P – 8:00P  
- **Cost:** $50.00 (SS)  
- **Location Code:** PMC  
- **Building Location:** Bldg 042 Rm 108  
- **Instructor:** Chad Virgil

- **Start • End Date:** 09/11/12 • 10/30/12  
- **Day:** M  
- **Time:** 6:00P – 8:00P  
- **Cost:** $50.00 (SS)  
- **Location Code:** SCC  
- **Building Location:** Rm 224  
- **Instructor:** Stephen Thomas

Genealogy  
Learn how to discover your family tree and uncover your rich roots.  

*Center for Creative Retirement*  

- **Course #:** C-3287, **Hours:** 14  
- **Start • End Date:** 09/11/12 • 10/23/12  
- **Day:** T  
- **Time:** 7:00P – 9:00P  
- **Cost:** $65.00 (SS)  
- **Location Code:** PMC  
- **Building Location:** Bldg 042 Rm 109  
- **Instructor:** Rebecca Cockrum

Getting Paid to Talk/Making Money With Your Voice  
Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally.  

- **Course #:** H-3948, **Hours:** 2.5  
- **Start • End Date:** 11/01/12 • 11/01/12  
- **Day:** Th  
- **Time:** 6:30P – 9:00P  
- **Cost:** $20.00 (SS)  
- **Location Code:** HMC  
- **Building Location:** TBD  
- **Instructor:** David Rodwell

Guitar – Intermediate  
Have you always wanted to improve your guitar playing? You can learn the major and minor chords, strumming techniques, and how to advance and play simple melodies. You must bring your own guitar. No book is required.  

- **Course #:** L-3195, **Hours:** 22  
- **Start • End Date:** 09/10/12 • 11/26/12  
- **Day:** M  
- **Time:** 6:30P – 8:30P  
- **Cost:** $59.00 (SS)  
- **Location Code:** WBW  
- **Building Location:** Main Bldg Rm 120  
- **Instructor:** Jeanne Anderson

Hispanic Culture Revealed  
Do you know that Hispanics are members of an ethnic group, rather than a racial group? Do you know that this group is comprised of individuals from over 20 different countries? Do you know that Hispanics are the largest minority in the US? Information provided in these class sessions will help you become more aware of the culture, customs, and traditions of your Hispanic neighbors, co-workers, clients and others you see or with whom you come in contact each day.  

- **Course #:** L-3129, **Hours:** 6  
- **Start • End Date:** 09/25/12 • 10/30/12  
- **Day:** T  
- **Time:** 12:00P – 1:00P  
- **Cost:** $29.00 (SS)  
- **Location Code:** WBW  
- **Building Location:** Main Bldg Rm 216  
- **Instructor:** Patricia Wright

Investment Essentials  
This course is for age 50+ individuals who are saving for or who are in retirement. The objective is to learn which investment products are suitable for specific goals like increasing principle and taking income safely during retirement. The course will cover risks including inflation and the cost of care.  

- **Course #:** L-3147, **Hours:** 12  
- **Start • End Date:** 09/11/12 • 10/16/12  
- **Day:** T  
- **Time:** 6:00P – 8:00P  
- **Cost:** $19.00 (SS)  
- **Location Code:** WBW  
- **Building Location:** Main Bldg Rm 220H  
- **Instructor:** Dargan Moore
Landscape Design

Center for Creative Retirement

Students will learn how to identify boundaries as part of site analysis and learn how to respect them as part of the landscape design process. Topics to be covered include sustainable design and plant selections, landscapes, grading, and lighting. This course would be great for homeowners or professionals.

Course #: H-3946
Start • End Date: 09/18/12 • 11/06/12
Day: T
Time: 6:30P – 8:30P
Cost: 50.00
Building Location: Bob Etheridge Rm 306
Instructor: Robert Sherman

Live, Work, Play: Creating Chatham County, 2020

The Triangle in 2020? How will you live, work, play? How will you get around? This course will give you an opportunity to engage in a spirited and informed dialogue on the contemporary issues that affect your life, your town, now and in the future. The course will review the building blocks of our communities – neighborhoods, parks, shops, transportation, jobs, arts, and culture – our experiences of living in the Triangle area and ask questions – how is it working? Could we do and be better? How about you? What do you love? What do you miss? How would you like to remake your city, town, community closer to your heart’s desire?

Course #: C-3309, Hours: 18
Start • End Date: 08/30/12 • 11/15/12
Day: Th
Time: 6:00P – 7:30P
Cost: 65.00 (SS)
Building Location: TBD
Instructor: Deepa Sangal

Open Water Scuba Diver Pre-Certification

Classroom instruction fee is $40. For more information on additional required lab fees that are paid directly to the scuba dive services, please contact (910) 892-7878.

Course #: H-3960, Hours: 7
Start • End Date: 09/18/12 – 10/30/12
Day: T
Time: 8:30P – 9:30P
Cost: 40.00 (SS)
Building Location: TBD
Instructor: Carmine Colanteuno

Our Spanish Neighbors

This seminar will cover information about the Hispanic community in the area served by CCCC. It includes facts about the Hispanic population, their motives for coming to North Carolina, their various cultures, the Spanish language, their religions, and how to relate to Hispanics in the workplace.

Course #: L-3148, Hours: 2
Start • End Date: 10/01/12 • 10/01/12
Day: M
Time: 6:00P – 8:00P
Cost: None (SS)
Building Location: Main Bldg Rm 222
Instructor: James Wright

Photography (CCR) – Beginning

Center for Creative Retirement

Students will gain a better understanding of the camera, its abilities, lenses, filters, processing (traditional and digital), special effects, and the final print.

Course #: H-3947, Hours: 12
Start • End Date: 09/24/12 • 10/29/12
Day: M
Time: 7:00P – 9:00P
Cost: 40.00 (SS)
Building Location: Continuing Education Rm TBD
Instructor: John McCorsley

Tai Chi for Health

Center for Creative Retirement

This course is designed to teach the correct form and sequence of beginner to intermediate level Tai Chi movements on their own and to be able to incorporate and improve upon the basic principals of effective Tai Chi form.

Course #: C-3703, Hours: 15
Start • End Date: 08/22/12 • 11/07/12
Day: W
Time: 6:30P – 7:45P
Cost: 65.00 (SS)
Building Location: Bldg 042, Rm MPR
Instructor: Patty Strother

Zumba

Enjoy a high energy fitness program inspired by Latin dance. The first week of class, you will learn full routines set to songs between three and five minutes long. Wear comfortable, light clothing and soft soled shoes. Bring water to drink.

Course #: C-3709, Hours: 10
Start • End Date: 09/11/12 • 11/13/12
Day: T
Time: 6:15P – 7:15P
Cost: 40.00 (SS)
Building Location: Bldg 042, Rm MPR
Instructor: Lee Norris-Bouwman