Automotive Restoration Training

Do you have an antique car, muscle car, or just a project car that you want to restore but don't have the shop and tools to do the job? If so, you might be interested in the automotive restoration class at the ESTC. Automotive Restoration covers the basic skills applicable to automobile restoration, street rod, and custom car building as well as commercial auto body repair. Skills covered include dent removal, repairing rust damage, use of body filler, metal and fiberglass repair, basic wire and oxy-acetylene, fabricating and installing patch panels, trim removal, and installation as well as other skills fundamental to the auto repair industry. Students are required to supply all necessary hand tools for their projects; CCCC will provide the major auto body tools, including air tools as well as supplies such as sandpaper. Students must supply their own body filler, primer, and paint. For additional information and schedules of upcoming classes, contact the ESTC at (919) 776-5601 or (919) 777-7779.

Course #: X-3001, *Hours: 40*
Start • End Date: 08/20/12 • 09/24/12
Day: MTh   **Time:** 6:00P – 10:00P
Cost: 86.25 (SS)   **Location Code:** ESTC
Building Location: Emergency Services Training Center

Course #: X-3002, *Hours: 40*
Start • End Date: 10/08/12 • 11/15/12
Day: MTh   **Time:** 6:00P – 10:00P
Cost: 86.25 (SS)   **Location Code:** ESTC
Building Location: Emergency Services Training Center

Emergency Medical Technician Training

The Emergency Services Training Center offers the following EMT classes throughout the calendar year: Medical Responder (MR), Emergency Medical Technician (EMT), Emergency, and Emergency Medical Technician-Paramedic (EMT-P). All of the EMS classes are approved by the North Carolina Office of EMS and qualify the student for the OEMS state certification exam. Call Jerry Cornelison at the ESTC at (919) 777-7776 for additional class information, including dates and times.

Firefighter Academy

The fourth Central Carolina Community College Firefighter Academy will begin in 2013. This full-time program is for individuals who wish to attain the skills necessary for employment as a firefighter. The Academy is a rigorous and challenging course of study consisting of a total of 833 hours. Class hours will vary but will generally meet 8:00A to 5:00P Monday through Thursday and 8:00A to 3:30P on Fridays. Graduates of the Firefighter Academy will receive EMT Basic, Firefighter I & II, HAZMAT Level One Responder, Technical Rescuer General, and Technical Rescue VMR certifications. Students will also receive training in ICS, Rapid Intervention, Safety and Survival, Interview Techniques, and Physical Agility. The Academy is conducted in a college type atmosphere with uniforms required. For additional information on this exciting

firefighter training opportunity contact Joey Shue, Fire/Rescue Training Coordinator at (919) 777-7778 or visit the ESTC at 3000 Airport Road in Sanford. Application forms and information are also available at www.cccc.edu/ESTC.

Basic Rider Course (BRC)

This course is designed for students who want to learn to ride a motorcycle and for re-entry riders who have not ridden in a long time. BRC students will ride motorcycles provided by the college. The BRC class meets on Friday 6:00P to 10:00P, Saturday and Sunday 8:00A to 6:00P, and 100% attendance is required. BRC graduates receive an exemption from the NC DMV riding exam when applying for a motorcycle license. Most insurance companies now offer discounts for BRC graduates.

Motorcycle Safety Training

Motorcycle safety classes are offered at the CCCC Emergency Services Training Center (ESTC). The ESTC is located off Hwy 78 between Sanford and Tramway on 3000 Airport Road at the Old Sanford/Lee County Airport site. Classes are limited to 12 students and are filled on a first come basis. Pre-registration and pre-payment are required! To pre-register by credit card, please call (919) 776-5601. To pre-register in person, please go to the Emergency Services Training Center at 3000 Airport Road. The class registration fee is $120.00. There is a 48 hour minimum cancellation notice in order to receive a fee refund.

Course #: X-3003, *Hours: 40*
Start • End Date: 08/17/12 • 08/19/12
Day: F   **Time:** 6:00P – 10:00P
Day: SaSu   **Time:** 8:00A – 6:00P
Cost: 125.00 (SS)   **Location Code:** ESTC
Building Location: Emergency Services Training Center

Course #: X-3004, *Hours: 40*
Start • End Date: 09/07/12 • 09/09/12
Day: F   **Time:** 6:00A – 10:00P
Day: SaSu   **Time:** 8:00A – 6:00P
Cost: 125.00 (SS)   **Location Code:** ESTC
Building Location: Emergency Services Training Center

Course #: X-3005, *Hours: 40*
Start • End Date: 09/21/12 • 09/23/12
Day: F   **Time:** 6:00P – 10:00P
Day: SaSu   **Time:** 8:00A – 6:00P
Cost: 125.00 (SS)   **Location Code:** ESTC
Building Location: Emergency Services Training Center

Course #: X-3006, *Hours: 40*
Start • End Date: 10/05/12 • 10/07/12
Day: F   **Time:** 6:00P – 10:00P
Day: SaSu   **Time:** 8:00A – 6:00P
Cost: 125.00 (SS)   **Location Code:** ESTC
Building Location: Emergency Services Training Center

Course #: X-3007, *Hours: 40*

Start • End Date:	11/02/12 • 11/04/12
Day: F	**Time:** 6:00P – 10:00P
Day: SaSu	**Time:** 8:00A – 6:00P
Cost: 125.00 (SS)	**Location Code:** ESTC
Building Location:	Emergency Services Training Center

Course #: X-3008, *Hours: 40*

Start • End Date:	11/16/12 • 11/18/12
Day: F	**Time:** 6:00P – 10:00P
Day: SaSu	**Time:** 8:00A – 6:00P
Cost: 125.00 (SS)	**Location Code:** ESTC
Building Location:	Emergency Services Training Center

Course #: X-3009, *Hours: 40*

Start • End Date:	11/30/12 • 12/02/12
Day: F	**Time:** 6:00P – 10:00P
Day: SaSu	**Time:** 8:00A – 6:00P
Cost: 125.00 (SS)	**Location Code:** ESTC
Building Location:	Emergency Services Training Center

Advanced Rider Course (ARC)

The goal of the ARC is to provide riders with a way to further develop personal riding strategies to minimize risk with emphasis on the Search-Evaluate-Execute. This one day course is for experienced riders who desire to learn and practice more in-depth riding techniques. The course focuses on the behavioral aspects of riding such as attitude, personal risk, assessment braking, cornering techniques, and traction management. Range exercises build on topics by providing riders the opportunity to develop and improve skills and discuss options for braking, cornering and swerving, and to improve visual perception to identify collision traps. Included is a demonstration of the components of total stopping distance and practice in obstacle avoidance and evasive maneuvers. The class registration fee is $66.25. There is a 48 hour minimum cancellation notice in order to receive a fee refund.

Requirements:
- Completion of a MSF Basic Rider or ERC Course
- Valid driver's license with motorcycle endorsement
- Street legal motorcycle that passes a T-CLOCS inspection by the RCs.
- Proof of insurance.
- PPG as listed below.

Participant provided riding gear (PPG/PPE) required for all courses:
- ≫ DOT approved helmet (Some sizes are available/you may bring your own)
- ≫ Long pants, preferably jeans or leather
- ≫ Long sleeved shirt or jacket
- ≫ Full-fingered gloves
- ≫ Over-the-ankle boots or shoes
- ≫ Eye protection (including non-tinted face shield, sunglasses, goggles or glasses)

Course #: X-3010, *Hours: 9*

Start • End Date:	09/15/12 • 09/15/12
Day: Sa	**Time:** 8:00A – 6:00P
Cost: 125.00 (SS)	**Location Code:** ESTC
Building Location:	Emergency Services Training Center

Course #: X-3011, *Hours: 9*

Start • End Date:	11/10/12 • 11/10/12
Day: Sa	**Time:** 8:00A – 6:00P
Cost: 125.00 (SS)	**Location Code:** ESTC
Building Location:	Emergency Services Training Center