“Alive at 25” and Defensive Driving classes have moved from the Personal Enrichment section. Please refer to the inside front cover for complete class listings.

American Sign Language 1
This course is designed to help students build their American Sign Language (ASL) vocabulary and understand how a sign is formed. Students will not only learn the language of everyday conversation but also understand how facial expressions and body, head, and eye movement are used to convey messages.

Course #: C-3754
Start • End Date: 09/28/11 • 11/16/11
Day: W
Time: 6:00P – 8:00P
Cost: 65.00
Location Code: PMC
Building Location: TBD
Instructor: Rhonda Jones

Auto Owners Empowerment
Learn how to take care of your own car or truck and save money – like changing your own oil. Learn how to change a tire so you’re never stuck by the roadside again. You’ll even learn how to really use that owner’s manual.

Course #: L-3188
Start • End Date: 10/03/11 • 10/24/11
Day: M
Time: 6:00P – 8:00P
Cost: 37.75
Location Code: LMC
Building Location: Joyner 516
Instructor: Pete Eckley

Backyard Chicken Schemes
With limited space and experience plus a sense of humor, raise a small flock of happy chickens – even in the city. Start in the classroom and go to the farm with instructor Judy Hogan as she shares her learning curve on the basics of chicks to healthy eggs and meat.

Course #: L-3227
Start • End Date: 10/08/11 • 10/08/11
Day: Sa
Time: 9:00A – 4:00P
Cost: 29.00
Location Code: DAWCC
Building Location: Conf Rm
Instructor: Judy Hogan

Basic Dog Obedience
Fun yet intensive beginner obedience/home management class for dogs over 6 mos old. Students will learn to train their dogs, using positive reinforcement, to walk on a loose leash, come when called, and sit, down, and stand, when asked. A “must” for all new dog owners and especially shelter and rescue dogs. No dog is too old to learn. First class is mandatory orientation (no dogs) – owners only.

Course #: C-3258
Start • End Date: 09/30/11 • 11/18/11
Day: F
Time: 6:00P – 7:30P
Cost: 61.25
Location Code: PMC
Building Location: Bldg 042 Rm MPR
Instructor: Pat Sullivan

Course #: C-3259
Start • End Date: 09/30/11 • 11/18/11
Day: F
Time: 7:30P – 9:00P
Cost: 61.25
Location Code: PMC
Building Location: Bldg 042 Rm MPR
Instructor: Pat Sullivan

Basic Electricity for Homeowners
Students will learn to perform basic repairs and troubleshoot common household problems.

Course #: C-3288
Start • End Date: 09/07/11 • 10/26/11
Day: W
Time: 6:00P – 8:30P
Cost: 66.25
Location Code: PMC
Building Location: Bldg 041 Rm 117
Instructor: Michael Kreibick

Beginning Guitar
Students will learn basic major and minor chords, strumming techniques, and how to read and play simple melodies.

Course #: H-3946
Start • End Date: 09/19/11 • 11/07/11
Day: M
Time: 6:00P – 9:00P
Cost: 60.00
Location Code: HMC
Building Location: Bob Etheridge Rm 306
Instructor: Toby Sumner

For registration information, refer to page 3. For location key, refer to page 6.
Concealed Carry Handgun
Learn the textbook and firing range knowledge you need to apply for a concealed weapon permit. This class provides 4 hours of classroom instruction and 4 hours on the firing range.

**Course #:** L-3220  
**Start • End Date:** 09/17/11 • 09/17/11  
**Day:** Sa  
**Time:** 8:00A – 5:00P  
**Cost:** 75.00  
**Location Code:** WFRG  
**Building Location:** Wes Farrell Range  
**Instructor:** James Estes

Dancing – Ballroom I  
*Center for Creative Retirement*  
This course is designed to teach basic fundamentals of Ballroom dancing.

**Course #:** C-3253  
**Start • End Date:** 09/09/11 • 10/07/11  
**Day:** F  
**Time:** 8:00P – 9:00P  
**Cost:** 35.00  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dancing – Ballroom II  
*Center for Creative Retirement*  
This course is designed to continue teaching basic fundamentals of Ballroom dancing plus introduce more challenging steps.

**Course #:** C-3256  
**Start • End Date:** 10/21/11 • 11/18/11  
**Day:** F  
**Time:** 7:00P – 8:00P  
**Cost:** 35.00  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dancing – Mambo/West Coast Swing  
*Center for Creative Retirement*  
This course is designed to teach basic fundamentals of Mambo/West Coast Swing.

**Course #:** C-3254  
**Start • End Date:** 09/09/11 • 10/07/11  
**Day:** F  
**Time:** 9:00P – 10:00P  
**Cost:** 35.00  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dancing – Mambo/West Coast Swing II  
*Center for Creative Retirement*  
This course is designed to continue teaching basic fundamentals of Mambo/West Coast Swing dancing plus introduce more challenging steps.

**Course #:** C-3257  
**Start • End Date:** 10/21/11 • 11/18/11  
**Day:** F  
**Time:** 9:00P – 10:00P  
**Cost:** 35.00  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

Dancing – Shag I  
*Center for Creative Retirement*  
This course is designed to teach the basic fundamentals of Shag dancing.

**Course #:** C-3252  
**Start • End Date:** 09/09/11 • 10/07/11  
**Day:** F  
**Time:** 7:00P – 8:00P  
**Cost:** 35.00  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

**Course #:** H-3944  
**Start • End Date:** 09/21/11 • 10/26/11  
**Day:** W  
**Time:** 7:00P – 8:00P  
**Cost:** 30.00  
**Location Code:** HMC  
**Building Location:** Miriello Rm 135  
**Instructor:** James Patterson

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For registration information, refer to page 3. For location key, refer to page 6.
Dancing – Shag II
*Center for Creative Retirement*
This course teaches a student the advance dance steps of Shagging. This course is a continuation of Shag I.

**Course #:** H-3945  
**Start • End Date:** 09/21/11 • 10/26/11  
**Day:** W  
**Time:** 8:00P – 9:00P  
**Cost:** 30.00  
**Location Code:** HMC  
**Building Location:** Miriello Rm 135  
**Instructor:** James Patterson

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**Course #:** C-3255  
**Start • End Date:** 10/21/11 • 11/18/11  
**Day:** F  
**Time:** 7:00P – 8:00P  
**Cost:** 35.00  
**Location Code:** PMC  
**Building Location:** Bldg 042 Rm MPR  
**Instructor:** Stephen Nystrom

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**Fundamentals of Investing**  
*Center for Creative Retirement*
This course educates investors on the basics of investing and financial planning.

**Course #:** C-3286  
**Start • End Date:** 09/12/11 • 10/31/11  
**Day:** M  
**Time:** 6:00P – 8:00P  
**Cost:** 50.00  
**Location Code:** PMC  
**Building Location:** Bldg 041 Rm 225  
**Instructor:** Chad Virgil

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**Genealogy**  
*Center for Creative Retirement*
Learn how to discover your family tree and uncover your rich roots.

**Course #:** C-3279  
**Start • End Date:** 09/14/11 • 10/26/11  
**Day:** W  
**Time:** 7:00P – 9:00P  
**Cost:** 60.00  
**Location Code:** PMC  
**Building Location:** Bldg 041 Rm 225  
**Instructor:** William Dow

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**Getting Paid to Talk/Making Money With Your Mouth**
Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the Internet in your area. This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally.

**Course #:** H-3942  
**Start • End Date:** 10/25/11 • 10/25/11  
**Day:** T  
**Time:** 6:30P – 9:00P  
**Cost:** 20.00  
**Location Code:** HMC  
**Building Location:** TBD  
**Instructor:** David Rodwell

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**Instant Piano for Hopelessly Busy People**
Want to learn the secrets and magical shortcuts how professional piano players embellish songs? Chords not notes? In just one enjoyable evening, you’ll learn all chords needed to play any song, any style, and any key. It’s not necessary to take years of weekly lessons to learn piano.

**Course #:** H-3954  
**Start • End Date:** 11/30/11 • 11/30/11  
**Day:** W  
**Time:** 6:00P – 9:30P  
**Cost:** 75.00  
**Location Code:** HMC  
**Building Location:** Miriello Rm 135  
**Instructor:** David Haynes

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**Mosaic Workshop**
Students will learn the technique of mosaic as well as the proper use of tools and material in order to design and construct a mosaic on the outdoor pizza oven.

**Course #:** C-3300  
**Start • End Date:** 10/01/11 • 11/05/11  
**Day:** Sa  
**Time:** 10:00A – 1:00P  
**Cost:** 61.25  
**Location Code:** PMC  
**Building Location:** Land Lab  
**Instructor:** Janice Rieves

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*For registration information, refer to page 3. For location key, refer to page 6.*
Open Water Scuba Diver Pre-Certification
Classroom instruction fee is $40. For more information on additional required lab fees that are paid directly to the seduction dive services, please contact (910) 892-7878.

Course #: H-3947
Start • End Date: 09/13/11 • 10/25/11
Day: T  Time: 8:30P – 9:30P
Cost: 40.00  Location Code: HMC
Building Location: TBD
Instructor: Carmine Colanteuno

Tai Chi for Health
Center for Creative Retirement
Class focuses on relaxing the body, deepening the breath, increasing flexibility, and improving muscle strength, balance, and coordination. Anyone, regardless of age or physical ability, can practice Tai Chi.

Course #: L-3151
Start • End Date: 09/12/11 • 11/16/11
Day: MW  Time: 12:00P – 12:30P
Cost: 29.00  Location Code: LMC
Building Location: Fitness Gym
Instructor: Jeremy Jackson

Yoga – Beginning Level I
Center for Creative Retirement
Begins with the history of yoga, lifestyle, diet, and breathing techniques and progresses into mastery of various of postures and practices.

Course #: L-3152
Start • End Date: 09/14/11 • 11/16/11
Day: W  Time: 11:00A – 12:00P
Cost: 39.00  Location Code: LLC
Building Location: Gym
Instructor: Crystal Hetrick

Course #: H-3952
Start • End Date: 10/03/11 • 11/21/11
Day: M  Time: 12:00P – 1:00P
Cost: 38.00  Location Code: HMC
Building Location: Miriello Rm 135
Instructor: Crystal Hetrick

Zumba
Zumba combines high energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. It is based on the principle that a workout should be fun and easy to do allowing Zumba participants to stick to the principles of fitness interval training and resistance training to maximize caloric output, fat burning, and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps.

Course #: L-3174
Start • End Date: 09/14/11 • 11/16/11
Day: W  Time: 12:30P – 1:30P
Cost: 39.00  Location Code: LLC
Building Location: Gym
Instructor: Crystal Hetrick

Course #: H-3941
Start • End Date: 10/03/11 • 11/21/11
Day: M  Time: 1:30P – 2:30P
Cost: 38.00  Location Code: HMC
Building Location: Miriello Rm 135
Instructor: Crystal Hetrick

For registration information, refer to page 3. For location key, refer to page 6.